The Answer

(My version)

Table of Contents

To Start 3
Ghosts and Ghouls 4
Who Am I? 5
God Is Not Real. God is also Real 6
What's The Point? 8
Time 9
Cause and effect (Karma) 10
Why did I do that? 10
The Divine Spirit (God) 11
Creation 15
Afterlife 16
Heaven & Hell 17
3 18
Prayer and Manifestation 19
The Eyes 20
To End 23
Credits 24

To Start

This thing is the summary of my understanding of the Universe.

What you need to understand is this: there is no **right** answer. No one is right or wrong about God, or what happens when we die. Every theory and religion has truth to it. The ‘point’ is not to be a cunt. Whether the divine exists or not, just don’t engage in fuckery. That’s the goal in life: **refrain from being a cunt**.

There are many truths in the world so you can choose which ones make most sense to you (so long as you don’t force your beliefs on others it’s fine). The following are theories and findings that ring true to me personally and that have helped me keep intact.

Throughout this scripture I will write as if what I know is the absolute truth. **It’s not**. This is my truth, and you may relate to it, and it may help you. Those are my hopes in making this.

“All spiritual paths practiced righteously lead to the eternal light of God.” - Shikry Gama

I thought everything I knew was wrong. I figured people thought I was wrong or crazy but I’m not. I know the truth because **I have seen** it. The truth is different for everyone. Seen in a different way by each person.

(While reading this there may be contradictions, it’s important to hold two ideas at once.)

Ghosts and Ghouls

What was once called an evil spirit is now called a mental illness.

Spirits and demons do not come in physical form, like a triple headed bear, with a man's body and a scorpion's tail. Spirits and such manifest as emotions, qualities and impulses. Jealousy, pride, ambition, and so on. They are not foreign or external, not difficult to spot, and they're certainly not evil. They only pose a threat when they're out of wack.

The Lesser Key of Solomon lists through many spirits and gives their appearance and roles. For example, the seventh spirit, Amon, is described as such ″He appeareth like a Wolf with a Serpents tail, vomiting out of his mouth flames of fire″ and his duties are to ″procureth feuds and reconcileth controversies between friends.″ Although this sick ass wolf does not exist *physically,* he does in the other sense. He exists as our own ability to cause fights and drama in our relationships; this is the threat.

Another is Valefor, a mighty duke. He represents ambition. He is described as a noble familiar, who will aid those he serves but will also tempt them to steal. This is a prime example of a disbalance; when there is too much ambition, one may be tempted to steal.

The book goes through many other spirits, and each is simply a representation of our own qualities and potential. When there's too much or too little of a quality it becomes dangerous. This is what a demon is; our own potential to cause pain.

Who Am I?

YOU ARE YOU!

When asking yourself who you are the correct answer is ″Me! I am Me!″ This answer covers everything. Your name, your experiences, your values, your love. If your answer is ″I don't know who I am. ″ then you have amnesia, or you've grown confused.

You are the people you love and have loved, because you've exchanged parts of each other.

You are your memories, because they have shaped and guided you.

You are your room, because you have poured yourself into it.

You are your thoughts and your actions.

You are your hobbies and your creations; your breath and your voice; your love and your light, its witness and its creator.

You are the beautiful sprout of existence.

You are You.

In truth though you are consciousness. When its boiled down you are simply a witness. You are a witness to every action that you perform, and every thought and feeling that flows through you. You are consciousness.

So, you are everyone and everyone is another you.

God Is Not Real. God is also Real

The ontological argument for the existence of God (Anselm of Canterbury)

We all have an understanding of what God is, or is supposed to be, even if we don't believe in it. We understand it is supposed to be the most powerful being in existence.

"*God is that than which no greater can be conceived*" - Anselm

A being that is omnipresent (is everywhere, all the time), omnipotent (can do everything), omniscient (knows everything) and omnibenevolent (loves everything).

Anselm made a distinction in the two ways in which things can exist: something can exist only in thought, or something can exist in thought *and* in reality. "*If we define God as the greatest thing that we can conjure up in our minds, the only thing that could possibly be greater than him would be a real version*."

If God existed only in our imaginations, he wouldn't be the greatest thing we can think of, because God in reality would be better. Therefore, according to Anselm's argument, God must exist.

Anselm - Depiction

Something already fits the description of an all loving, all-seeing, all-powerful being. The universe. Literally everything in existence. Every living being, and object, every particle; all together, when looked at as a whole, is this all doing ‘thing.’ Literally everything is God, which holds no one idea and no dogmatic belief, it is much more than one isolated being. But by Gods’ law of paradox, it is just one isolated being - the universe in its entirety.

This is not to prove or disprove the existence of God, **that doesn’t matter**. It seems the universes’ goal is to perpetuate life (just don’t die is its philosophy.) And what point is there to living if you live in pain. So, it is our duty, as living beings, to make life worth living for each other.

What's The Point?

The point is to be free from suffering, make life worth living for each other, and to witness the beautiful wonders of this world. Even pain is beautiful, it reminds us how much we love.

Happiness is temporary, as soon as we achieve one desire, another will come, and this creates an endless cycle. It is taught that we must let go of desire, of likes and dislikes, to be free from suffering. This is the path of some truly dedicated people and is a desire in itself (the desire to let go of desire.)

So, then the goal is to suffer as little as possible. And if we seek to free only ourselves from suffering, we will never succeed. We should aim to help those around us, with no selfish motive and **no attachment to the outcome of what we do**, a joy greater than any other will come. This doesn't mean we self-sacrifice constantly or to the point where we cause ourselves harm, we are just as deserving of happiness as the ones we care for. We must find a balance between keeping our needs met and giving to others.

Give as much as you can and others' joy will become your joy, I'm sure you know this already.

Supporting quotes from an English translation of the Bhagavad Gita:
https://www.gita-society.com/bhagavad-gita-in-english-source-file.pdf

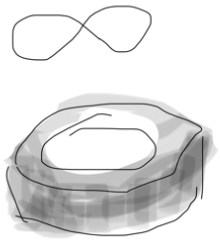
- ★ "One attains peace when all desires dissipate within the mind"
- ★ "One who desires material objects is never peaceful. (2.70) One who abandons all desires, and becomes free from longing and the feeling of "i" and "my", attains peace. (2.71) O Arjuna, this is the superconscious state of mind. Attaining this state, one is no longer deluded. Gaining this state, even at the end of one's life, a person attains Nirvana (or becomes one with the Absolute)" - **we all gain this state at the end of our lives, that's why we all go to heaven.**
- ★ "Sensual pleasures are, in truth, the source of misery"
- ★ "By Seva or sacrifice of self-interest you shall prosper, and Seva shall fulfill all your desires. (3.10) Help the celestial controllers (Devas) with selfless service and they will help you. Thus helping each other, you shall attain the Supreme goal of human life."

Time

There is no beginning and there is no end. It's all one clap.
"*Our moments fall around us like rain*" - The Haunting of Hill House.
(This show accurately depicted the way time works.)
Everything has already happened. We are just witnessing it happen.

This doesn't mean you don't have choices. You obviously do. You can pick out what to wear in the morning and what to eat for breakfast and so on. It's that there are different realities or 'timelines' where each of those choices exist. You are simply shifting yourself into a different reality with each choice you make.

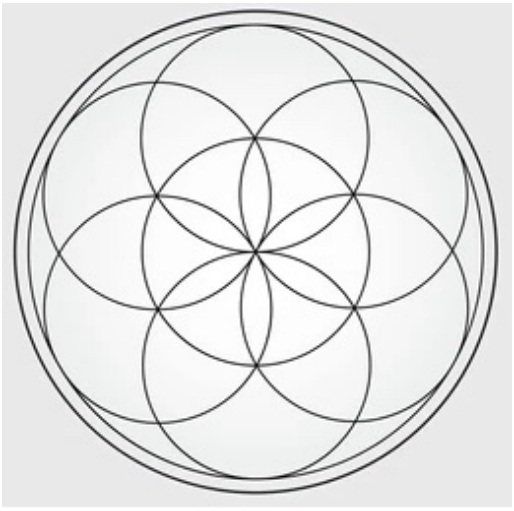
Past, present and future existing simultaneously is backed by Einsteins theory of relativity and concept of a 'block universe.' Everything is in this block.



I used to think of it as a ring though. Here is a drawing I did of time in 2022 and some of what I wrote: "*Every single moment throughout time and space exists here at once for infinity. The infinity ring. It's easier to pretend it exists within this.* ***It's not necessarily contained though****. It doesn't take up any space and it takes up all space.*" - so **it really doesn't matter what shape it is.**
Currently, I find the best way to visualise time is a mandala. The main reason for this is déjà vu.

Take this mandala here, a series of loops. Imagine yourself travelling along its lines. Each time the loops intersect, sometimes for the third or fourth time, that's where you're getting déjà vu. "Oh, I've been here before" Yeah, no shit.

The more the mandala goes on the less intelligible it is, until it becomes one massive scramble, one "Block of Time."



Cause and effect (Karma)

Karma is not necessarily receiving back good for doing good or the other way round. It's just cause and effect.

Think of everyone as another version of you. If you were born in my body and went through the exact same things I did, you would be exactly where I am now. And if I was born in your body and had your experiences and made your choices I would be where you are now. We are both just witnesses to our own life. So, we are the same, neither of us being better or worse than the other.

As we are the same - a witness, just a fragment of consciousness in this body and that body, everyone is You. Therefore, by doing good you automatically receive good back. There is no waiting around for another person to be kind to you. You already did that; you were already kind to Yourself.

Why did I do that?

Because of cause and effect.

No one can be held *fully* accountable for anything.

- ❖ This is not to say that bad actions should be tolerated - see below

Nothing is ever *really* anyone's fault. It's all, in the end, up to circumstance. It's always because of something else, what happened to that person that caused them to act in such a way. Each action has a hidden cause.
But still *"We make choices, and those choices breed blame."* - Bella.
If you had a choice, you can be blamed.

No one is born evil. It's what happens in life that shapes us to become who we are. And **each of us has the duty** to figure out how **to be the kindest, most loving version of ourselves,** despite our past.

The Divine Spirit (God)

Everything is made of the universe. There is nothing else to make anything from. Yes?

The actual quote is:
"*Everything is made of God. There is nothing else to make anything from.*" - Bashar
God is just another name for the universe. It's not an external being dictating the world from afar. God holds no one idea and no dogmatic belief. God is perfect and impartial.

Firstly, you are part of the universe and so you are part of God. If you need more proof here's this: For God to be the most powerful thing in existence it must have witnessed what it is to be everything, and what it is to be you. Therefore, you are an isolated experience of God.

Here I write of a waking dream on the subject:
In the dream was a bed in the left corner with red pillows and a window behind it. He sat with his back to the pillows but not on them, and we faced each other.
I said to him: **"you and me are the same, we have the same soul, we all do (it is God)"** and he smiled so wide and he laughed, and he hugged me
one of those hugs that feels like a slap, like a big hit against your body but it's nice still, it's warm.

He agreed when I told him in real life. But I asked him later "if we all have the same soul does it end?" He said:
"We all have an individual soul that makes up an orchestra of diversity playing one profound symphony."

God is *literally* everything. And for someone who has been everyone and everything, the only thing that being would have left is infinite, unconditional love. That being would be made of pure love. That is God, it is love, it is life, it is You.

- ❖ Any teaching claiming to be of God that teaches hate, or harm is of human delusion.

The divine spirit that resides in all of us is God – the witness / consciousness – which was never born and will never die. **This is energy, which can neither be created nor destroyed,** only converted from one form to another.

God is your true self. Life is Gods game he plays himself, because he is deeply alone. Imagine being the whole universe, you'd be so painfully alone. You'd also have the power to do anything, so why wouldn't you do what he has, and create all these people and animals and play all the roles yourself, forcing yourself into an illusion, to feel accompanied.

(Subtly alluding to The Eyes and 3)

Supporting Quotes:

- ★ "*God is flawless and impartial*" - https://www.gita-society.com/bhagavad-gita-in-english-source-file.pdf
- ★ *"An enlightened person — by perceiving the Lord in all — looks at a learned and humble priest, an outcast, even a cow, an elephant, or a dog with an equal eye."* - https://www.gita-society.com/bhagavad-gita-in-english-source-file.pdf
- ★ *"perceiving the omnipresent Eternal Being abiding in all beings, and all beings abiding in the Eternal Being; a yogi, who is in union with the Eternal Being, sees every being with an equal eye. (6.29) Those who perceive Me in everything and behold everything in Me, are not separated from Me, and I am not separated from them."* - https://www.gita-society.com/bhagavad-gita-in-english-source-file.pdf

- ★ *"And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was."* - Jhon 17.5

- ★ "*I am He! the Bornless Spirit ! having sight in the feet: Strong, and the Immortal Fire!*
  I am He! the Truth!
  I am He! Who hate that evil should be wrought in the World!
  I am He, that lighteneth and thundereth.
  I am He, from Whom is the Shower of the Life of Earth:
  I am He, Whose mouth ever flameth: I am He, the Begetter and Manifester unto the Light
  I am He: the Grace of the World" - The Lesser Key of Solomon

★ I Am That I Am - (couldn't find author)

I am the wave
that crosses the ocean,
I am the wind
moving over the sea,
I am the call
of the circling seagulls,
And wherever you are
I shall be.

I am the bull
that carries the maiden,
And the infant
born without sin,
I am the sun
and I am the sunlight,
And that which
watches within.

I am the salmon
in deep water swimming,
I am a seed
in dark soil sown.
I am the See-er
and I am the Seen,
And that by which
all else is known.

Creation

Existence has always existed and will never be non-existent.
But there is a point when it kind of ‘started.’

In the ‘beginning’ you were alone. Completely.
You were alone with no ground beneath you and no object beside you. Without even the tear on your cheek to comfort you. Completely, utterly alone. It was one of the greatest pains you have faced. So, you created. This force of creation was so great it caused the big bang.

The creator couldn’t have known he was alone without having witnessed what it is to be accompanied. Paired with the fact that nothing is truly original means it is our world he witnessed to create it again, and again, and again. This is part of the cycle of existence.

In Hinduism for example there is a being called Purusha. Who is the creator, the entire universe. He is everything that has ever been and will be. Everything is suspended from this being. It is said that he first gave birth to his female counterpart, Virat. And then Virat, in turn, gave birth to him. All beings were later created from the sacrifice of Purusha. (This isn’t the whole story, just my vague understanding.)

Purusha – The Creator in Hinduism

Afterlife

There are three things that happen when you die.

I. It goes black and there's nothing
II. You reincarnate – you are literally every living being because you are conscious and so are they (consciousness is never unconscious)
III. You return to God – Avalokiteshvara the compassionate watcher

The wheel of life - Samsara ↑

I – This body has a brain, when the brain and body no longer function (when you're dead) there's no longer anything to be observed so you, that is consciousness, moves on.

II – Reincarnation. Which isn't really reincarnation, its more so just incarnation. Since your everyone and time isn't linear there's no 'next life' to go to, your consciousness just merges with everyone else's. Consciousness is an impartial observer, so nothing changes. (See how thinking this, is the same as thinking when you die you die – the point is just that we all share this same consciousness)

III – Returning to the Divine (achieving nirvana and returning to God. We all get to go to heaven YIPPEE!) When you die your consciousness merges back with God. Here you'll retain all the memories of this life and regain the memories of *all* others. With this comes complete understanding and immense bliss made of pure love. There is no more judgment, no more hate or criticisms, just love. Your role now is to guide those who are still suffering. (You could choose not to help and just float in that awesome bliss, freed from the pain of desire, but because you have so much love you always choose to help.)

- ★ To guide is the purpose of all those angels and deities in the various philosophies. They are in truth all one being (God) whose duties are easier to understand, and help easier to call upon, when specified and split up into various representations of divinity.

For example, the above pictured Avalokiteshvara is the lord who looks down in compassion. According to legend, Avalokiteshvara was a devoted monk who turned into a bodhisattva (one who can reach nirvana but delays doing so to help those still suffering.) Seeing all the suffering in the world he vowed never to rest until he had freed all sentient beings from samsara (the cycle of birth, death and desire). After much effort he was still struggling to fulfill his promise. So, Buddha Amitabha gave him the ability to manifest according to the given needs.

The story of origin varies with each manifestation. The thousand-armed Avalokiteshvara is said to have split his head into many pieces with grief for all the sentient beings yet to escape samsara. Then Buddha Amitabha gave him many arms to reach all those suffering and a pupil in each palm to see them. (That one's my favourite version.)

Pretty much when you die you die. But also, you can't die cause you are conscious, and consciousness is never un-conscious. So, you merge back into the universe.

Heaven & Hell

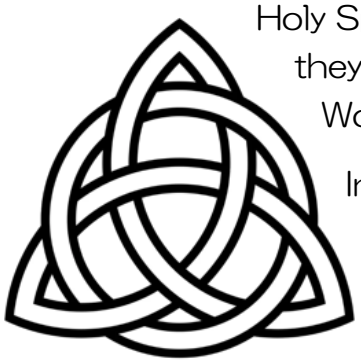
Heaven and hell exist here on earth. Paradise is every beautiful moment you have experienced and will experience. Hell is the same but with the painful parts of life. Limbo also exists and its worse. FUCK LIMBO FUCK LIMBO RIGHT UP THE ASS.

3

This is the most important number in the universe - 3 is *the* number.

There are three parts to each of us: the divine feminine (mother nature), the divine masculine and the child. These are the three great spirits that we all embody.

They are known by many names, including the Father, the Son, and the Holy Spirit, in the Christian philosophy. In the Celtic philosophy they're known as the Virgin, the Mother, and the Wise Woman.



In Buddhist philosophy there's the three modes of being: Dharmakaya = the supreme state of absolute knowledge (God), Sambhogakaya = formless body, and Nirmanakaya = physical body. "Dharmakaya is like the sun, sambhogakaya is like the rays, and nirmanakaya is like the rays hitting the objects on the earth."

We can start to see how these labels overlap; the Wise Woman, Dharmakaya, and The Holy Spirit - the Father, the Mother and Sambhogakaya - the Virgin, the Son and Nirmanakaya (the children: what we all are right now). But in truth they are all one. They are three parts of one whole, overlapping.

Each of us has a feminine, a masculine and a childish side. Some lean more towards certain parts of themselves than others. The point is we wouldn't be who we are without all three. Femininity is at the left and masculinity at the right, which leaves you to be the combination, the child.

You can pray to the divine and ask for guidance from The Mother and Father.

Prayer and Manifestation

Think of God as your parents. Your mother and father, or a feminine figure and a masculine figure that you looked up to as a child.

The Father will spoil you like a little brat. If you scream and stomp enough dad will cave in and buy you those lollies, even if they're bad for you. But mum knows, that in the long run, you're better off without them. It's not that dad doesn't love you, it's that he loves you so much he just wants to see you happy as soon as possible. It's the same with God.

Prayers to the Father will be answered even if they aren't for the greater good. But prayers to the Mother will **always** play out for the greater good, often in unforeseen ways.

- I find the best way to connect with God is to think of your parents **the way you saw them when you were little**. Kind, soft, full of love – they still are full of love, but it's concealed by their pain and fear which has become bitterness or anger.

The trick to getting prayer to work is first asking for help and then letting go of attachment to the results. Stop caring whether you get what you want or not and you'll get it. – prayer and manifestation are the same thing.

The Eyes

What we’ ve all been waiting for.

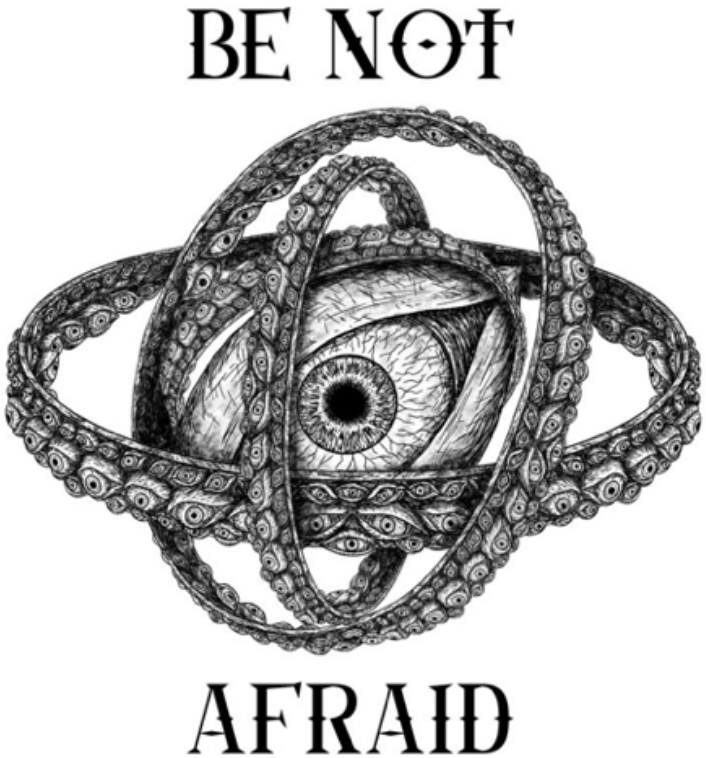
THE EYES. THE EYES. THE FUCKEN EYES MAN.

Some, with much dedication to meditation and prayer, see The Eyes without chemical aid or extreme fear. To others they present themselves when in states of paranoia. To most they reveal themselves after periods of substance abuse.

In biblical recollections the eyes are referred to as ophanim or thrones - spinning wheels of eyes. They are angels, among the most powerful angels, who are closest to God and stronger than even archangels. They are tasked with revealing that God is in everything, hence their appearance on every single fucking surface.

Here is an image of one →

Fucking terrifying, right? Yeah Try not being afraid of that one lads.



Here's another image ------->

Much less threatening. Comforting, even. See how that image is the same as this image here:

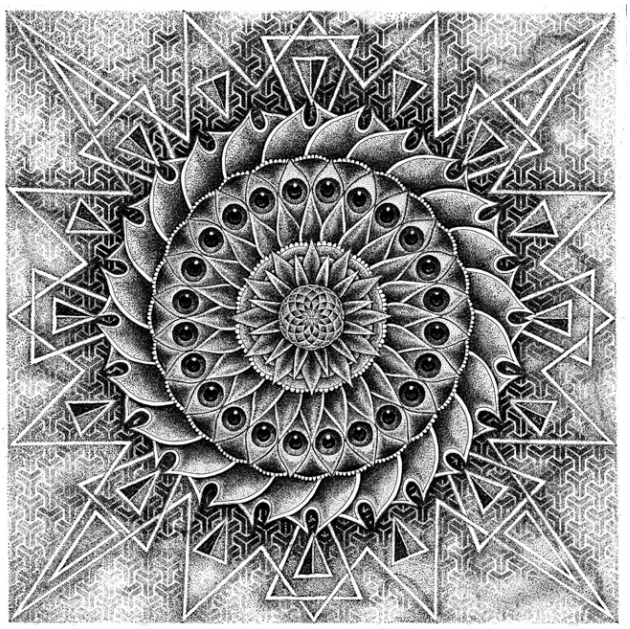
It's not, say you? Wrong! It's the same fucking image.

The depiction of Avalokiteshvara has a dot in each palm to make an eye. A thousand eyes. The angel, thrones, are made of eyes - spinning wheels of eyes. Both, a reflection of consciousness, the see-er.

Here's a meme I made →

Here’ s the goddess Kali with eyes all over her:

Heres another image:



Have you ever tripped and seen eyes?! Well, that’s what it is. Loving angels watching over you, reminding you that God is in everything, that love is in everything. That everything is okay and you are being guided every step of the way. Have no fear, The Eyes are near. They are in everything, and they’re rainbow and they wiggle around. Surfaces do not morph into eyes. The Eyes were already there. They have always been there and will always be there. They have simply revealed themselves to you. Revealing that the see-er (you) is the fabric of the universe.

To End

None of this is true. All of this is also true.

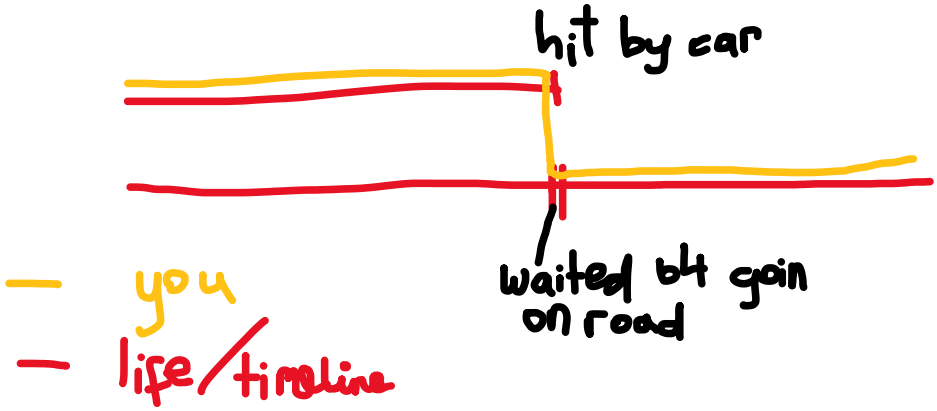
Conclusion: don't be a cunt, time isn't real, and You are God.

The takeaway from this is that love is the fabric of the universe and its creator. Let love guide your every action and all will be well.

Love be with you! Light be with you! God be with you!

Also

You can't fuck up or die until you're meant to. Every time you do something wrong you get zipped up into another identical timeline a moment before you did that thing.



So, everything is *always* okay.

Credits

- ★ My mum ♥
- ★ Bella and her family ♥
- ★ F. and L. for our shared experiences and important chats
- ★ My past addiction to MDMA - there is no fault. I'm only grateful
    - ☺ Bez
    - ☺ *That* gram of Md (thank u vageche)
- ★ Deda Vita, who has returned to God ♥
- ★ All the beautiful people I've met up to now
- ★ Lozzie, for listening to me
- ★ That one time I took acid
- ★ Patrick
- ★ And Paul, "Your relationship with God is only between you and God."